

Program Overview



REVIEW COURSE HANDOUT & JOIN FACEBOOK GROUPS



RECEIVE MBETI LOGIN DETAILS

This is the Theoretical Part of the Training with 16 Lessons, Midterm, and Final Exam



JOIN OUR COACH HUB

Our Coach Hub houses all the resources you'll need as a coach - including the Practical Part of the Training, which begins while you are working through the Theoretical Part



VISIT OUR RESOURCE LIBRARY (WITHIN THE COACH HUB)

In here you find all the mandatory forms that you need to use with your clients and much more...



RECEIVE LAB & BLOOD WORK GUIDE + REQUISITION FORM

These documents will prepare you for your next step (completing your blood work) which is the first step of the Practical Part



COMPLETE BLOOD WORK & REVIEW 3 SCENARIOS

Once you have completed your blood work, we'll email you the 3 possible scenarios to anticipate



RECEIVE BACK OFFICE LOGIN (SHARED VIA EMAIL)

The Back Office is where you request your own meal plan (and your client's plans in the future!)



COMPLETE PRACTICAL PART EVALUATION QUESTIONNAIRE

Visit the Coach Hub and click on "Courses" and then "Practical Part"

- > Begin by watching the video 'How to Request a Meal Plan'
- > Request your own meal plan in the Back Office
- > Read it from cover to cover once you receive it
- > Revisit the Practical Part Modules (within the Coach Hub) and watch Consultation Videos 1-4
- > Complete the Practical Part Evaluation Questionnaire



SCHEDULE GROUP WRAP-UP SESSION

Reserve your spot in one of our weekly final live calls to discuss any questions you may have, and the results of your Evaluation Questionnaire



RECEIVE OFFBOARDING GUIDE & CREATE PROFILE ON OUR DATABASE

Our Offboarding Guide will give you a recap of all of the important information that you'll need when serving clients. There will also be step-by-step instructions that show you how you can create your Coach Profile on our Global Database



BEGIN BUILD YOUR BUSINESS COURSE

This course lives within the Coach Hub and was created by Jen Vasey; top coach, and CEO of Metabolic Balance Canada. She walks you through each of the essential steps to a successful coaching business